- WAC 246-817-550 Acts that may be performed by licensed dental hygienists under general supervision. A dentist may allow a dental hygienist licensed under chapter 18.29 RCW to perform the following acts under the dentist's general supervision:
  - (1) Head and neck examination.
- (2) Oral inspection and measuring of periodontal pockets, with no diagnosis.
  - (3) Record health histories.
  - (4) Take and record blood pressure and vital signs.
  - (5) Take intraoral and extraoral radiographs.
  - (6) Take intraoral and extraoral photographs.
  - (7) Patient education in oral hygiene.
  - (8) Give preoperative and postoperative instructions.
- (9) Oral prophylaxis and removal of deposits and stains from the surfaces of the teeth.
  - (10) Give fluoride treatments.
  - (11) Apply topical anesthetic agents.
- (12) Deliver oral antibiotic prophylaxis as prescribed by a dentist.
  - (13) Place and remove the rubber dam.
  - (14) Apply topical preventive or prophylactic agents.
- (15) Administer local anesthetic agents and adjunctive procedures if all conditions in (a) through (d) of this subsection are met. Adjunctive procedures include local anesthetic reversal agents and buffered anesthetic.
  - (a) The patient is at least eighteen years of age;
- (b) The patient has been examined by the delegating dentist within the previous twelve months;
- (c) There has been no change in the patient's medical history since the last examination. If there has been a change in the patient's medical history within that time, the dental hygienist must consult with the dentist before administering local anesthetics;
- (d) The delegating dentist who performed the examination has approved the patient for the administration of local anesthetics by a dental hygienist under general supervision and documented this approval in the patient's record;
- (e) If any of the conditions in (a) through (d) of this subsection are not met, then close supervision is required.
  - (16) Perform subgingival and supragingival scaling.
  - (17) Perform root planing.
  - (18) Apply sealants.
  - (19) Polish and smooth restorations.
  - (20) Sterilize equipment and disinfect operatories.
  - (21) Place retraction cord.
- (22) Take impressions, bite registration, or digital scans of the teeth and jaws for:
  - (a) Diagnostic and opposing models;
- (b) Fixed and removable orthodontic appliances, occlusal guards, bleaching trays, and fluoride trays; and
  - (c) Temporary indirect restorations such as temporary crowns.
  - (23) Take a facebow transfer for mounting study casts.
  - (24) Fabricate and deliver bleaching and fluoride trays.
- (25) Fabricate, cement, and remove temporary crowns or temporary bridges.
- (26) Place a temporary filling such as zinc oxide-eugenol or ZOE after diagnosis and examination by the dentist.

- (27) Remove excess cement after the dentist has placed a permanent or temporary inlay, crown, bridge or appliance, or around orthodontic bands.
  - (28) Pack and medicate extraction areas.
  - (29) Place periodontal packs.
  - (30) Remove periodontal packs or sutures.
  - (31) Select denture shade and mold.
  - (32) Place and remove orthodontic separators.
- (33) Select and fit orthodontic bands, try in fixed or removable orthodontic appliances prior to the dentist cementing or checking the appliance.

[Statutory Authority: RCW 18.32.0365 and 18.29.050. WSR 19-18-095, § 246-817-550, filed 9/4/19, effective 10/5/19; WSR 17-01-045, § 246-817-550, filed 12/13/16, effective 1/13/17. Statutory Authority: RCW 18.32.0365, 18.29.050 and 18.32.002. WSR 14-12-057, § 246-817-550, filed 5/30/14, effective 6/30/14. Statutory Authority: RCW 18.32.035. WSR 95-21-041, § 246-817-550, filed 10/10/95, effective 11/10/95.]